




May 2011

LANSING SCHOOL DISTRICT 158



Preferred Meal Systems, Inc.

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BREAKFAST				
Monday	Tuesday	Wednesday	Thursday	Friday
2 MINI WHEATS LITTLE BITES (WHOLE GRAIN) Cinnamon Breakfast Square Apple-Cranberry Juice	3 CORN POPS Glazed Donut Orange Pineapple Juice	4 BLUEBERRY MUFFIN Grape Juice	5 FROOT LOOPS (REDUCED SUGAR) Graham Crackers Blended Fruit Juice <i>Cinco de Mayo</i> 🇲🇽	6 CRISPIX Raisin Bran Muffin Apple Cranberry Juice
9 APPLE JACKS REDUCED SUGAR Apple Granola Square Blended Fruit Juice	10 RAISIN BRAN (WHOLE GRAIN) Blueberry Muffin Grape Juice	11 FROSTED FLAKES (REDUCED SUGAR) Brown Sugar Pop Tart (Frosted) Orange Juice	12 COCOA KRISPIES Cinnamon Bun Superstix Apple Juice	13 BANANA MUFFIN Blended Fruit Juice
16 CORN FLAKES Apple Granola Square Orange Pineapple Juice	17 MINI WHEATS LITTLE BITES (WHOLE GRAIN) Glazed Donut Apple-Cranberry Juice	18 APPLE MUFFIN Blended Fruit Juice	19 CORN POPS Strawberry Poptart Grape Juice	20 FROOT LOOPS (REDUCED SUGAR) Sliced Bagel Orange Juice
23 FROSTED MINI WHEATS (WHOLE GRAIN) Cinnamon Breakfast Square Orange Pineapple Juice	24 APPLE JACKS REDUCED SUGAR Blueberry Muffin Grape Juice	25 RAISIN BRAN (WHOLE GRAIN) Glazed Donut Orange Juice	26 CRISPIX Strawberry Waffle Crackers Apple Cranberry Juice	27 BANANA MUFFIN Grape Juice
30 Memorial Day 	31 FROSTED FLAKES (LOW SUGAR) Apple Granola Square Blended Fruit Juice			

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.



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