



May 2011

LANSING SCHOOL DISTRICT 158



Preferred Meal Systems, Inc.

preferredmealsystems.com

4-12 TRADITIONAL

Monday	Tuesday	Wednesday	Thursday	Friday
2 CRISPY CHICKEN TENDERS (WHOLE GRAIN) Potato Rounds Applesauce Cup Chocolate Chip Muffin	3 MEATLOAF W/TOMATO SAUCE Mashed Potatoes Peach Cup Wheat Bread Butterscotch Cookie	4 TERIYAKI GLAZED CHICKEN W/BROWN RICE Cut Green Beans Pear Cup Wheat Bread Snickerdoodle Cookie	5 WHOLE GRAIN CHILI & CHEESE QUESADILLA Buttered Corn Pineapple Cup Fritos <i>Cinco de Mayo</i>	6 CHEESE PIZZA DIPPERS Marinara Dipping Sauce Mixed Fruit Cup Grape Juice
9 BAKED CHICKEN NUGGETS (WHOLE GRAIN) W/POTATO ROUNDS Orange Juice Honey Wheat Pretzels	10 PENNE PASTA W/ MEAT SAUCE (WHOLE GRAIN) Cut Green Beans Pineapple Cup Garlic Bread	11 HOT DOG AND FRENCH FRIES Wacky Watermelon Applesauce Whole Wheat Hot Dog Bun Goldfish Crackers Wacky Wednesday	12 BEEF SAUSAGE PIZZA (WHOLE WHEAT) Fresh Grape Tomatoes Fresh Banana PopCorners	13 CHEESEBURGER Maple Baked Beans Fresh Apple Whole Wheat Hamburger Bun Double Fudge Cookie
16 CREAMY MACARONI AND CHEESE Garden Green Peas Grape Juice Soft Breadstick Meatless Monday	17 CHICKEN DIPPERS (WHOLE GRAIN) W/TOMATO PARMESAN SAUCE Diced Peas Garlic Bread	18 FRENCH TOAST STICKS W/SAUSAGE Potato Rounds Fresh Orange	19 CRISPY CHICKEN FILLET (WHOLE GRAIN) Buttered Corn Fresh Apple Whole Wheat Hamburger Bun Cheddar Goldfish Crackers	20 CHEESE PIZZA DIPPERS Marinara Dipping Sauce Fresh Baby Carrots Mixed Fruit Cup Carrot Muffin
23 MINI CORN DOGS Potato Rounds Blended Fruit Juice White Cheddar PopCorners	24 MEATBALL SUB W/TOMATO SAUCE French Fries Cinnamon Applesauce Whole Wheat Hot Dog Bun Corn Muffin	25 CRISPY CHICKEN TENDERS (WHOLE GRAIN) Cut Green Beans Fresh Banana Wheat Bread	26 FRENCH BREAD PEPPERONI PIZZA Mixed Greens Salad Fruited Gelatin	27 BEEF TACO LUNCH MUNCHIE Fiesta Corn Fresh Pear Chocolate Chip Cookie Fun Friday
30 Memorial Day 	31 POPCORN CHICKEN W/POTATO FUN SHAPES Apple-Cranberry Juice Cheddar Goldfish Crackers Trayless Tuesday			

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.



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